



*“I was in a dark place when I found out that I had type 2 diabetes; I thought I had nowhere to turn. I called the Diabetes Australia – Queensland health team and talked for two hours. I gained confidence from our chat and have never looked back.*

*I now have my diabetes under control and I am very active with all aspects of my life, especially being a dad. Thank you to the team at Diabetes Australia – Queensland, you have helped me a lot.”*

*Dave Guyatt  
Brisbane, Queensland*