



**Family. Joy.  
Happiness. Life. Love.**

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What will your legacy be?



## Create a future where stroke can't take away the things you love

Thank you for considering leaving a gift in your Will to Stroke Foundation.

Bequests we've received from caring people like you in the past have allowed us to make great progress in the fight to prevent, treat and beat stroke.

But stroke still kills 24 Australians every day, and can leave survivors of stroke with devastating and life-long impacts.

Stroke Foundation is the only national charity dedicated to preventing stroke, and helping survivors of stroke and their families.

**By leaving a gift to Stroke Foundation in your Will, you'll help beat stroke, once and for all.**

## Too many Australians continue to suffer due to stroke

Thanks to the Gifts in Wills made by visionary supporters in the past, more Australians are surviving stroke. But we still have a long way to go.

**Stroke is one of Australia's biggest killers, and a leading cause of disability.**

**One stroke occurs every 19 minutes.**

**In 2020 more than 10,000 Australians of working age experienced a stroke for the first time.**

**There are more than 445,000 Australians living with the impact of stroke. Without action by 2050, this number is expected to almost double to more than 800,000.**

**Your legacy can protect what matters most to future generations of Australians.**

# "Stroke research changed my life."

Kate, stroke survivor

Kate lives in regional Victoria. She and her husband Jed are parents to Charlotte and Mason.

At the age of 34, Kate suffered a stroke.

Kate was flown to a Melbourne hospital where she received world-leading clot retrieval treatment – a procedure pioneered here in Australia with the help of Stroke Foundation supporters.

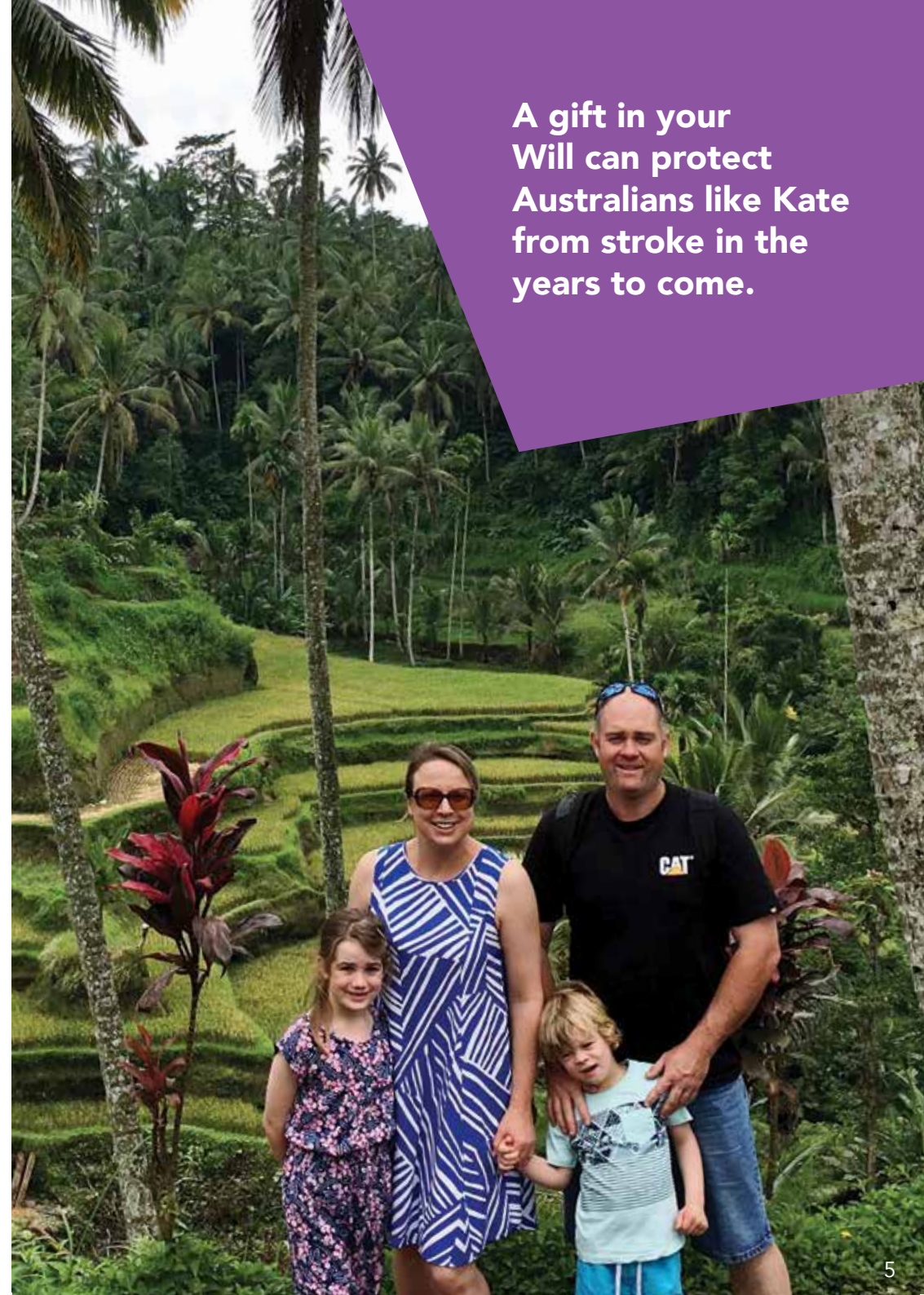
"I remember landing on the hospital's helipad and being wheeled inside. The next thing I remember is waking up in recovery," Kate said.

"The clot retrieval treatment had been a success. I realised I could speak and use my right side. This moment will be forever etched in my memory. Nothing in the world could beat it! I've been given a second chance."

Thanks to research, Australians like Kate are much more likely to survive a stroke than ever before – and live better lives afterwards.

**Developing new treatments for stroke takes years, if not decades, of research. This is why ground-breaking research depends on the long-term funding provided by Gifts in Wills, and the generosity of kind people like you.**

A gift in your Will can protect Australians like Kate from stroke in the years to come.



## Your legacy can drive the next breakthrough

Thanks to the generous Gifts in Wills left by visionary Australians in the past, medical research has led to significant improvements in the way we treat and manage stroke today.

Every bequest to the Stroke Foundation – no matter how large or small – helps build on the advances that have already been made in the fight against stroke.

### Improving stroke prevention, treatment and care

The long-term funding you'll provide by leaving a gift in your Will can help researchers unlock the mysteries of stroke.

Your gift in Will can fund vital research to make sure Australians who will be impacted by stroke have the best possible recovery.

And your extraordinary gift will make sure the research breakthroughs keep coming – until we beat stroke once and for all.

"It's because of you, researchers like us can advance knowledge and clinical practice. I am absolutely committed to improving the lives of stroke survivors and their families."

**Dr Dana Wong,**  
**La Trobe University**  
Stroke Foundation  
Research Grant Recipient



# Ordinary Australians leaving an extraordinary legacy

## Kathy and Dennis Harrison (Queensland)

In 1991, a week before Christmas, Kathy collapsed after getting out of the shower. She was only 47, but she'd suffered a stroke that left her unable to speak or swallow.

**"I was powerless to help her,"** says her husband, Dennis.

Years of therapy saw Kathy start to regain some of the functions her stroke had taken away. But as she says, **"You never quite get over a stroke and what you've lost."**

Kathy and Dennis don't want stroke to keep taking away the things people love, which is why both of them have left a gift in their Will to Stroke Foundation.





### **Prof James Angus AO (Victoria)**

When James was young, his grandfather had a stroke that left him unable to communicate with or recognise his loved ones.

**“From a very young age, I saw the disability of this,”** James says. **“If they had the drugs we have today, no doubt he would have survived. And he may not have had the stroke in the first place.”**

Seeing what his grandfather went through inspired James to become a world-renowned medical research scientist. James and his wife Helen have both left gifts in their Wills to ensure that future Australians don't have to suffer as his grandfather did.

**“By leaving a gift to the Stroke Foundation in my Will, I hope to free my grandchildren and others from the devastation caused by stroke.”**



### **Nancy Jagger (Victoria)**

Nancy's sister-in-law Doreen was 52 when she suffered a stroke. It had such a devastating impact that Doreen needed 24-hour care until she passed away.

**“I don't think you have a full understanding of what a stroke can do to a person and their family until you experience it,”** Nancy says.

Doreen's experience drove Nancy's decision to include a gift to Stroke Foundation in her Will.

**“I feel good knowing my gift is going to be used wisely in all aspects to assist those who have suffered the debilitating effects of a stroke.”**

# Together, we can protect future generations from the pain of stroke

Stroke Foundation is the only national charity dedicated to preventing stroke and helping survivors of stroke and their families.

By supporting this work through a gift in your Will, you can help save lives and help future generations of Australians protect what matters most.

**Please consider a gift in your Will to help beat stroke.**

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You can contact our Gifts in Wills team for a confidential chat.

## Contact us



**1300 194 196**



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**strokefoundation.org.au/giftsinwills**