

Your Will to save lives



theAlfred
FOUNDATION

The Alfred has existed on the same site since it was built in 1871. We have a long, celebrated and dependable history. From as far back as the devastating Spanish Influenza pandemic in 1918 through to the first surgical team to treat Australian soldiers in Vietnam in 1966. From the tragedy of the Longford gas explosion in 1998 to the horror of the Bali Bombings in 2002. From the catastrophic Black Saturday bushfires in 2009 to the shocking Bourke Street car attack in 2017, The Alfred has been here to care for patients and their families.

Today, The Alfred is one of Australia's most iconic hospitals, also recognised as one of the world's ground-breaking healthcare providers. Our purpose is to improve the lives of our patients and their families, our communities and humanity. We value and respect life from beginning to end.

Patients are the reason we are here – they are the focus of what we do. We serve the local community in Melbourne, the broader Victorian community and far beyond. We look after patients who often cannot be treated elsewhere, simply because we can provide the most complex care with the most specialist expertise.

We are home to Australia's busiest emergency and trauma centre, Victoria's largest Intensive Care Unit, 14 state-wide services including Victoria's only heart and lung transplant service, the Victorian Adult Burns Service and the Victorian Melanoma Service.


As well as having expertise in acute care, The Alfred is renowned for its medical research and tertiary healthcare teaching.

An aerial photograph of a city, likely Los Angeles, with a large, modern building in the foreground. The building has a sign that says "Baker". The city is densely packed with buildings and trees. The image has a reddish tint.

What are the moments that make up your day?

Your day might begin with that cup of coffee or tea which you simply must have before anything else. Perhaps you've gone for a run or you've got the lunch boxes ready before dropping your children at school. You might sit in traffic, ride your bicycle or commute on a packed train. At some point you've opened this booklet and here you are reading this page.

While you go about the many things that make up your day, there is someone who is about to face a life-changing moment. This might have been you at some point in the past or someone you care about.



In Tasmania, Nick was thrown off his bicycle after being hit by a car. He is being flown by helicopter from a hospital in Devonport to The Alfred. The emergency and trauma medical team are preparing for his arrival.

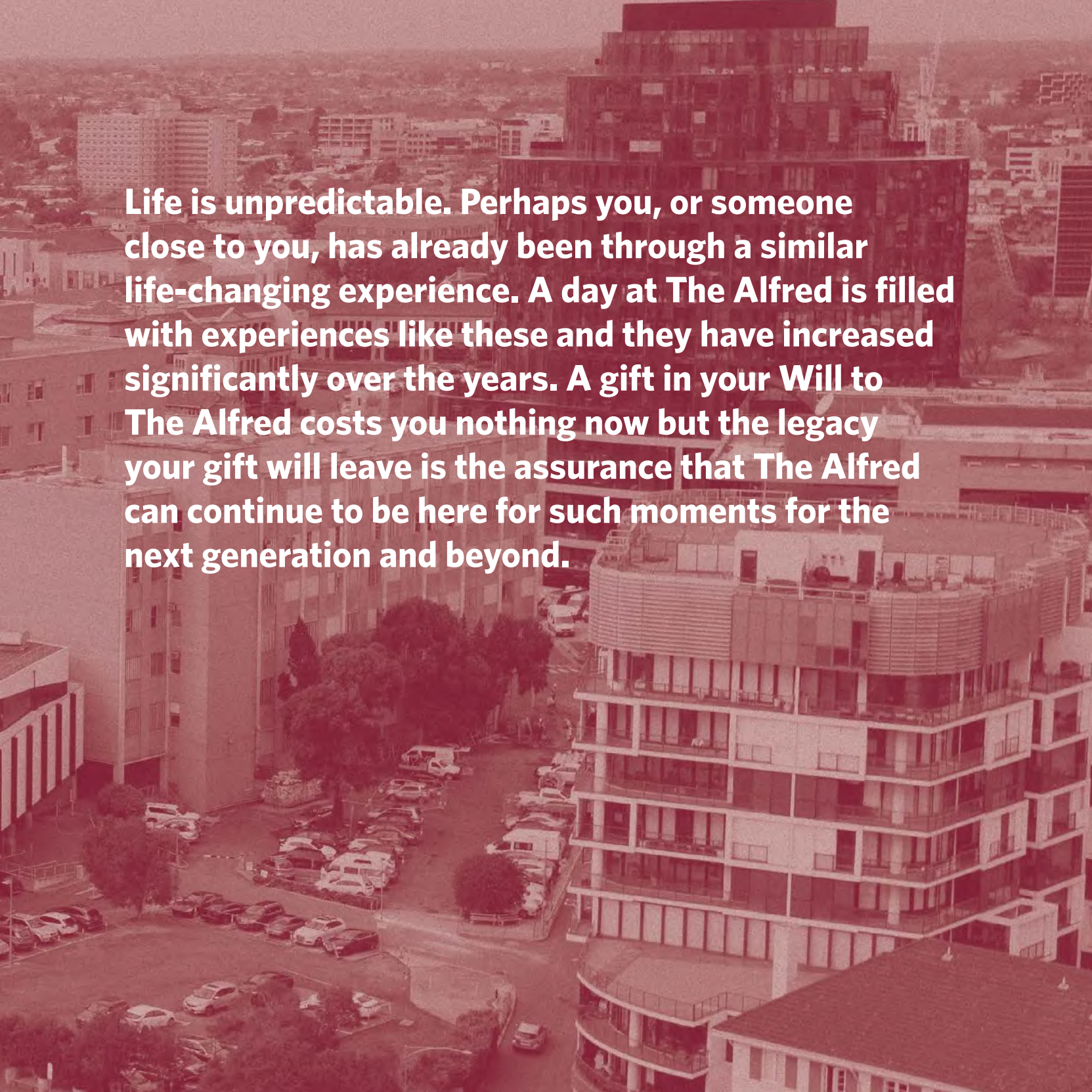
Peter and Marie wait anxiously with their daughter Susan who needs a double lung transplant. They are from Perth and have come to stay in Melbourne awaiting a suitable donor and this life-changing surgery only available to them at The Alfred.

Shane has been transferred from another hospital to The Alfred because his cancer is so complex that he needs access to a varied team of expert clinicians in the one hospital, ready to treat him through each stage.

Dorothy's husband, mother, and her two daughters have travelled from Albury to be with her before she undergoes a heart transplant.

Meanwhile, the air ambulance carrying Nick lands on The Alfred helipad outside the emergency and trauma centre. Nick is in good hands. The Alfred has one of the most advanced emergency and trauma centres in the world.

These are just some of the life-changing moments that happen every day at The Alfred.

An aerial photograph of a city, likely San Francisco, showing a large parking lot filled with cars in the foreground and several modern, multi-story buildings. The image is overlaid with a semi-transparent red filter. The text is centered in the upper half of the image.

Life is unpredictable. Perhaps you, or someone close to you, has already been through a similar life-changing experience. A day at The Alfred is filled with experiences like these and they have increased significantly over the years. A gift in your Will to The Alfred costs you nothing now but the legacy your gift will leave is the assurance that The Alfred can continue to be here for such moments for the next generation and beyond.

Your Will to save lives

By remembering The Alfred in your Will today, you are helping to ensure that we will continue long into the future - for the next generation and beyond.

Your Will is one of the most important documents that you prepare in your lifetime. A valid and up to date Will is the only way you can be sure that your wishes are carried out, your loved ones are provided for and the causes that matter to you are given the opportunity to continue for generations to come. A Will is so much more than a legal document - it is a living expression of your values and the importance you place on the next generation as you think of the type of world you want to leave for your loved ones and their loved ones to come after.

For many of us, a gift in our Will is a chance for us to make a bigger contribution at a time when we are able to share the wealth which we worked so hard for during our lifetime. It is a rare opportunity to leave a lasting legacy for the people and the causes that we care so deeply about.

With little or no impact on your lifestyle today, a gift in your Will is one of the most powerful ways you can ensure the vital work of The Alfred continues to help people who are critically ill and most in need for generations to come.

As our population grows, the demand for public healthcare continues to increase. While the government provides us with the bare essentials, it is the generosity of our supporters that helps ensure that we can provide the very best care, and lead the way in saving lives and advancing medical research.

A gift in your Will costs you nothing today but it will have an impact far beyond your lifetime for generations of people whose lives will be forever changed.

1871

The Alfred was officially opened on 6 March 1871 with its first outpatient. The first inpatient was admitted one week later on 13 March 1871.





"Your Will is a reflection of your values, all that is important to you in your lifetime and the type of world you want to leave behind."

1885

A gift in the Will of the Late John Linay made it possible the first major extension at The Alfred and its first ever operating theatre. The Linay Pavilion as it was later known stands today as a proud legacy and a piece of history that is still very much a part of The Alfred.

INSPIRED TO GIVE

David and Margaret

I've had an extraordinary amount of experience with The Alfred. For me it's personal. Mum had open heart surgery in the 1960s when it was still a pioneering procedure.

A decade later my twin brother had a car accident and spent months in a coma where he was nursed back to life.

Six years ago, my wife Margaret had a heart attack. In a moment she was very nearly gone and then she was back! We both know just how lucky we are that Margaret was in the care of the Emergency and Trauma team at The Alfred that day.

Three extraordinary incidents.

We're so impressed with the staff at The Alfred. They saved three members of our family. So personally, we think they are fantastic! They work hard, they are professional and above all, kind in every interaction you will ever have with them. They never lose sight of that human touch which families and loved ones need just as much as the patients.

When you think about it, we've benefited from The Alfred for over 40 years. We're only too happy to help ensure that The Alfred is here for future generations too, because what The Alfred does is just so very special.

We know there are many others with similar experiences. The fact is, what happened to us can happen to anyone. The Alfred is here for all of us.

1918

The Spanish Influenza Epidemic which caused the highest death rates for any communicable disease in history broke out in Australia. Melbourne shared in the worldwide crisis which killed about 12,500 Australians with around 30 per cent from Victoria. Pavilions were fitted out at The Alfred by the Department of Defence to treat the vast numbers of patients.



“Three extraordinary incidents. The fact is, this can happen to anyone. The Alfred is here for all of us.”

1925

The Asthma and Allergy Unit was established by pioneering allergy specialist, Charles Sutherland. This was the first unit of its type in Australia which paved the way for the Asthma and Allergy Clinic from 1955. Today, The Alfred is at the forefront of ground-breaking international research and treatment for these conditions.

Different ways to leave a gift in your Will to The Alfred

RESIDUAL GIFT

When all the other gifts in your Will have been made and every expense to finalise your estate has been paid, the remainder is known as your residual estate. A gift from here is usually expressed as the entire or whole residual estate or as a percentage of the residual estate. A residual bequest is a simple way to leave a gift and it does not interfere with any other gifts left to loved ones. Furthermore, this type of gift retains its value over time unlike a pecuniary or specific cash gift that can reduce in value with inflation.

Specific wording:

"I devise and bequeath the residue of my entire estate to The Alfred, Commercial Road, Melbourne, Victoria 3004, ABN 27 318 956 319."

or

"I devise and bequeath (the desired percentage) % of my estate to The Alfred, Commercial Road, Melbourne, Victoria 3004, ABN 27 318 956 319."

PECUNIARY GIFT

A pecuniary gift is a gift of a set or specific amount of money.

Specific wording:

"I devise and bequeath the sum of \$ (amount) to The Alfred, Commercial Road, Melbourne, Victoria 3004, ABN 27 318 956 319."

SPECIFIC GIFT

A specific gift is where you bequeath a specific item in your Will, for example, a work of art. You may also choose to nominate The Alfred as the sole beneficiary of a life insurance policy or superannuation.

Specific wording:

"I devise and bequeath (insert gift description) to The Alfred, Commercial Road, Melbourne, Victoria 3004, ABN 27 318 956 319. In the event that The Alfred, in its absolute discretion, determines that this gift cannot be retained by The Alfred, then the gift may be sold and the proceeds of the sale be used towards patient treatment and care and/or the purposes of research and education at The Alfred."

1930

The Alfred becomes the first hospital in Australia to employ a dietician, with the appointment of Ms Mabel Flanley. Today, the Nutrition and Dietetics Department at The Alfred performs nutritional assessments and prescribes therapeutic diets to assist in optimising the health and quality of life for patients.



TRUST IN PERPETUITY

A trust in perpetuity or testamentary charitable trust is established through your Will to take effect at the time of administering your estate. This type of gift is an ideal opportunity to make a continuous and lasting impact that will continue for generations. It can be created to honour your memory or the memory of a loved one. The income from a trust in perpetuity is typically distributed annually and can be directed to a specific area of research and/or a designated area of healthcare within The Alfred.

Specific Wording:

We recommend that you organise the wording for a trust in perpetuity with your financial adviser or your estate planning specialist.

DESIGNATED GIFTS

Suggested wording for a gift to specific areas within The Alfred.

An undesignated gift will allow The Alfred to use the funds where it is most needed. However, if you

would like your gift to be used for a specific purpose, the following examples may be helpful.

"...to be used for the purposes of research and education at The Alfred."

"...to be used for treatment and patient care at The Alfred."

"...to be used for the support of (add the medical condition or department) but however if this ceases to exist or does not require ongoing funding, then it is to be used for general purposes/for the purposes of research and education/ for treatment and patient care at The Alfred."

We recommend that you seek independent professional legal advice when finalising the wording in your Will. We also suggest talking through your intentions with your family and loved ones.

If you already have a Will but would like to include a gift to The Alfred, you can so do by making a simple addition known as a Codicil.

1944

Penicillin was first administered at The Alfred heralding the era of antibiotics which is recognised as one of the greatest advances in therapeutic medicine.



INSPIRED TO GIVE

Kevin

I had just finished cleaning the gutters on my roof when the ladder buckled under me. I fell more than three metres straight onto my back. I was very fortunate to be taken directly to The Alfred in a helicopter. If it hadn't been for the skilled surgeons at The Alfred, I definitely wouldn't be walking today. From major surgeries to the nuances of being nursed, bathed and cared for – the people at The Alfred knew exactly what to do. After months of intensive rehabilitation and many painful physio sessions, I finally returned home.

I set myself a challenge and completed my PhD in Political Science.

Leaving a gift in my Will was really a simple decision. I want to help those who were there for me. The Alfred is one of the top hospitals and that doesn't just happen by chance. It takes funding and a great team of tireless people. I want to do something to make sure it stays that way.

I wouldn't want anyone to go through what I did but chances are, many of us are going to have an accident whether it be a car or anything else. It's a horrible thought in one way, but at the same time that's exactly why we need a hospital like The Alfred.



1957

The first open-heart surgery in Australia was performed by Mr Ken Morris at The Alfred on 26 March using a heart-lung machine, also developed at The Alfred. Today, The Alfred treats cardiovascular diseases, including the most advanced forms of coronary, valvular, heart muscle and heart rhythm disorders with an extensive research and education program, for which we are known internationally.

INSPIRED TO GIVE

Nilanthi

I've been coming to The Alfred for over three years for my allergies. If untreated they can cause me a lot of problems, so I'm grateful for the care that I receive at The Alfred. Healthcare is a basic right that can be easily taken for granted. The care given at The Alfred goes far beyond the basics. It's a privilege to have access to this hospital.

I know that The Alfred treats the most critically ill patients and I'm lucky that I don't require such a level of care. I also know that anything can happen to anyone, at any time including myself or someone close to me. This is why I support The Alfred and the reason I'm inspired to think of its future.

A gift in my Will presents a rare chance to give something substantial to my family and the causes that I'm passionate about. I've worked hard all my life but I've also been very blessed. I feel that it's only fitting to think in a broader sense. I want the future generation to also have access to the extraordinary level of care that The Alfred provides and to benefit from future advancements and medical breakthroughs that are yet to be realised.



1966

The first surgical team to treat those afflicted by the war in South Vietnam is led by Mr Bill McDonald from The Alfred along with a team of nurses.



1971

The Alfred celebrates 100 years of caring for patients and their families, our communities and humanity.

Planned Giving

MAKE PHILANTHROPY A PART OF YOUR LIFE NOW

A planned gift is an opportunity to transform your connection to The Alfred into something that fulfils a greater purpose during your lifetime. The decision should be simple and joyful. You become part of the process of creating something meaningful that reflects your values and your wishes. You see it come to fruition.

A planned gift will make a lasting impact now and, in the future, creating a legacy that will continue for generations.

Perhaps you are already donating to The Alfred, but you would like to put something in place for the longer term to make a significant difference. Through a planned gift, you choose what to give, how to give, and how your gift will be used. You can direct your contribution to a specific area of research and/or a designated area of healthcare that you are passionate about.

From endowments to large philanthropic gifts or named funds established to honour someone special to you, a planned gift will enable you to create a sustainable contribution during your lifetime. Your gift will afford The Alfred the security and continuity to build momentum in our work, such as research which will lead to faster, life-saving medical breakthroughs.

If you wish to discuss making a planned gift to The Alfred, please contact our Bequest and Planned Giving Manager, Charles Rozario on (03) 9076 2568.

1983

On Wednesday, 16 February 1983, The Alfred sent a medical team to assist with the Ash Wednesday bushfires. The team set up a mobile field hospital at the Berwick showgrounds to treat those affected. At this time The Alfred's Burns Unit came of age, establishing itself as a major burns care unit within the community and an expanded treatment facility during major disasters.



Saving lives yesterday, today and for generations to come

In June 2009, Jacob sustained horrific injuries after a head-on collision with a quarry truck. The extreme force of the impact was like an explosion. The driver's door of Jacob's car was blown off. He was airlifted from the crash scene in Phillip Island to The Alfred and rushed into surgery. With 20 separate and severe injuries, Jacob's life was hanging on a thread.

He was connected to a staggering number of tubes, monitors and pumps for weeks after surgery. After months of physiotherapy, further treatment and a steady recovery, Jacob is well again.



"I see myself here and I can't believe it's me. I don't remember a thing."



"I couldn't move much but I knew I was going to make it."



**"Having a laugh with Dad.
I appreciate my family
and my life so much more
than ever."**

Frequently Asked Questions

Why is having a Will so important?

If you do not have a Will at the time of your death, state laws will determine how your estate will be distributed. A Will can give you the peace of mind in knowing that your final wishes will be understood and respected after you are gone. We recognise that writing a Will involves making some very important decisions. That is why we believe it is important to discuss with an independent legal adviser, your family and loved ones, so that you have all of the information you need to help you decide.

Why is a bequest so important to The Alfred?

A gift in your Will is an imprint of your values that you leave behind and the people and causes that you really care about. A gift in your Will to The Alfred, however large or small, is a profound way to ensure that we continue to lead the way with the best patient care and ground breaking medical research for generations to come.

Do I need to tell The Alfred that I have included it in my Will?

No, you have no obligation to tell us, however it would be very helpful to us if you do. We would also like the opportunity to thank you. If you wish to know more about any aspect about our work at The Alfred or our future plans, we would love to share this information with you.

What is the difference between a specific sum and a residuary gift?

A specific sum is a set dollar amount which will decrease in value over the course of time due to inflation. A residuary gift that typically represents a percentage of an estate will retain its value with a monetary amount that is applicable at the time your estate is finalised.

1989

The Alfred performed its first successful Heart Transplant. Today the heart transplant service coordinates over 20 heart transplants a year across three states.



Can I leave a gift in my Will to a specific area of The Alfred?

While it is preferable for The Alfred to be able to use your gift for the most urgent and important needs at the time your estate is finalised, a gift can be designated to reflect specific areas such as a particular medical condition or research.

Can The Alfred help me write my Will?

The Alfred does not provide legal services to prepare a Will. We recommend that you consult with an independent legal adviser or an estate planning specialist who can help and offer advice in preparing your Will.

I already have a Will but can I change it?

You can make a properly executed change or addition to an existing Will with a Codicil.

What if my Will excludes family members?

If for whatever reason, your Will excludes or potentially compromises a family member, this could have a major impact on how your estate is distributed and the extent to which your wishes are carried out. Disputed estates and family testator claims have been increasing in recent years. We always recommend that you seek independent legal advice to address any potential issues.

1990

The Alfred helipad becomes the latest addition to our emergency and trauma service. Today, The Alfred is the largest and most active trauma service in Australasia and a world leader in trauma care.



INSPIRED TO GIVE

Jennifer

Why have I included The Alfred in my Will and why do I continue to donate to The Alfred Foundation? The answer lies in years of care and support that The Alfred has provided my family.

My father was a patient at The Alfred over 50 years ago. Sadly, he passed away when he was only 47 years of age. I was only nine so I did not really know much of the details at the time but the fact that he was very well cared for means a lot to me.

One of the reasons for Dad's early death was hereditary high cholesterol which my two brothers and I have inherited. We were fortunate to participate in some of the cholesterol drug trials, dating back to the 1980's through the Heart Centre at The Alfred. We remain outpatients to this day. There is no doubt that our lives have been extended by the wonderful care and medication available to us. We have all lived beyond the age at which our parents died and this is a very sobering thought.

Then in 2008, my husband suffered a severe stroke. The care he received at the Alfred, including life-saving surgery and rehabilitation made it possible for Bruce to return home. This would not have been possible without the level of care he received at The Alfred. Life has certainly thrown us different challenges than those we would have originally envisaged but we are still together and we continue to enjoy all that we can in life, including our cherished family moments.

The Alfred is an amazing place of care, hope and healing. I want it to continue as a modern, state-of-the-art hospital providing the most innovative medical interventions and care in my lifetime and beyond. While my contributions are not huge, I know that they help to allow the Alfred to continue being the incredible place that it is, helping so many people.

1992

William Buckland Radiotherapy Centre opened forging the way for The Alfred Health Radiation Oncology unit today with its team of highly experienced and specialised staff to provide the latest and most effective radiation therapy from conventional external beam radiotherapy, stereotactic radiotherapy, radiosurgery, stereotactic body radiation therapy (SBRT) and brachytherapy.



“The Alfred is an amazing place of care, hope and healing. I want it to continue as a modern, state-of-the-art hospital providing the most innovative medical interventions and care in my lifetime and beyond.”

2002

The Bali Bombings which occurred on 12 October 2002 killed 202 people including 88 Australians. The Alfred played a significant role in treating those most severely affected by the attack.

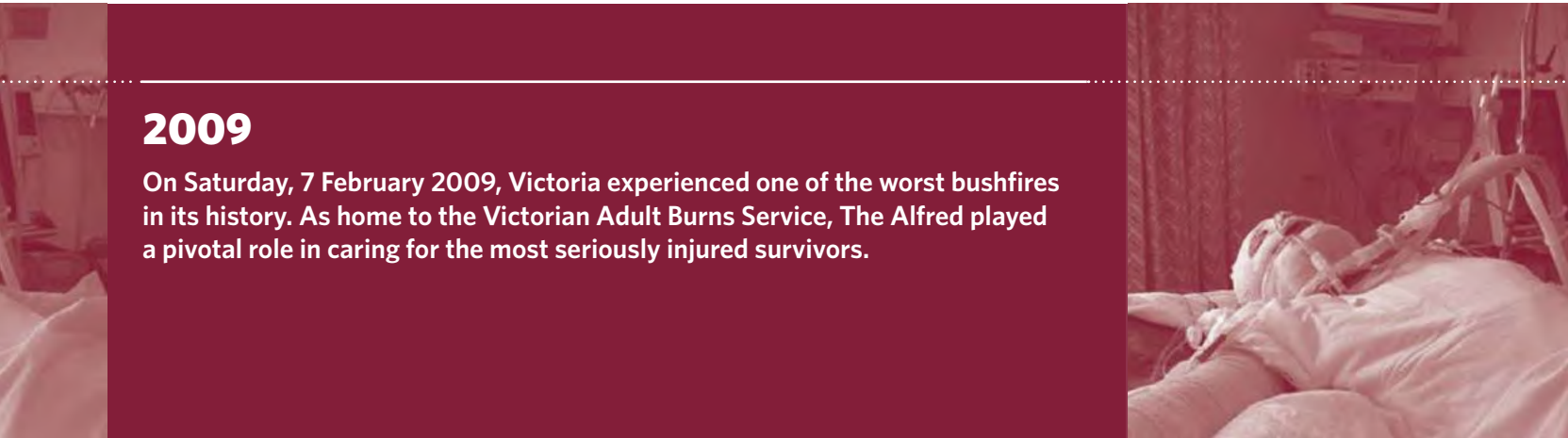
You can help ensure The Alfred will continue to be here for generations to come

We know that your first priority when making a Will is to provide for your family and loved ones. After you have done this, we hope that you would consider leaving a gift in your Will to The Alfred. Our commitment to you is that we will use your gift carefully and efficiently so that we achieve the highest level of care with the best outcomes for patients, their families, the community and humanity.

The generosity of our supporters who have left a gift in their Will has enabled us to drive innovation and research, acquire cutting edge technology, redevelop our facilities and create the right learning environment for the best team of healthcare professionals.

2009

On Saturday, 7 February 2009, Victoria experienced one of the worst bushfires in its history. As home to the Victorian Adult Burns Service, The Alfred played a pivotal role in caring for the most seriously injured survivors.





2017

On Friday 20 January 2017, The Alfred received seven patients from the Bourke Street incident where pedestrians were struck by a vehicle.

The next 150

In 2021, The Alfred will celebrate 150 years of extraordinary care, innovation, medical research and training. As we embrace the future, we look towards continuing to improve the quality of life for everyone. By leaving a gift in your Will, you are helping to ensure that we remain as one of the best healthcare providers for the next 150 years and beyond, as we continue to strive for excellence in all that we do.





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This booklet is intended as a general guide and is not provided as legal advice. We recommend that you discuss with a legal adviser when preparing your Will.

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