



**Glaucoma
Australia**
Saving sight

**A gift in your Will
can save sight for
the next generation**



**Thank you
for your
interest
in leaving
a gift in
your Will**

Your legacy has the power to save sight

Sight is one of our most precious gifts. An awe-inspiring landscape, a letter from a friend, the face of a loved one – our sight enables these moments of wonder and connection.

Sadly, glaucoma can steal these moments by causing irreversible vision loss. While glaucoma cannot be cured, there is so much that can be done to prevent blindness.

Clinical Professor Ivan Goldberg AM and glaucoma patient Miss Kathleen Holmes OAM founded Glaucoma Australia in 1988. Since then we have been dedicated to preserving sight by improving awareness in the community to increase early detection, funding ground-breaking research and supporting glaucoma patients to improve their quality of life.

Our Givers of HOPE, people just like you who have included Glaucoma Australia in their Will, help fund this work. Today, I'm inviting you to join our Givers of HOPE and let your kindness and generosity live on to help others preserve eyesight.

Your gift, no matter its size, will be used wisely to prevent blindness by improving treatments, supporting patients and funding glaucoma research.

Thank you so much for your interest in leaving a gift in your Will to Glaucoma Australia.

Together, we can prevent blindness for people who experience glaucoma today, and for those who will be diagnosed in years to come.



Glaucoma in Australia

There is no cure for glaucoma, but with investment in detection and treatment, blindness can be prevented.

1 in 50

Australians will develop glaucoma in their lifetime.

50%

of people with glaucoma are unaware they have it.

10x

You are 10 times more likely to develop glaucoma if a direct relative has it.

300,000

Approximately 300,000 Australians have glaucoma today.

Our vision for the future of glaucoma

Imagine a future where Australians are free from glaucoma blindness. You can help us reach that future by investing in education, treatment and research today.

When you include Glaucoma Australia in your Will, you'll help fund work in these key areas:

AWARENESS

Shine a light on glaucoma across Australia. Increased awareness of the disease is one of the most effective ways we can save sight.

SUPPORT

Give people with glaucoma and their families the practical support they need to manage their condition and improve their quality of life.

EDUCATION

Empower glaucoma patients by developing and providing free education, resources, events and one-to-one services through the Glaucoma Australia Orthoptist Educator team.

RESEARCH


Help fund grants and scholarships for the most promising glaucoma research. This research holds the key to saving sight.

INFORMATION

Share news and helpful information through our website, our regular newsletter "Glaucoma News", email, social media, brochures and videos.

DETECTION

Encourage Australians to get regular eye health checks through awareness campaigns, such as World Glaucoma Week.

A portrait of Dr. Flora Hui, a woman with long dark hair, smiling. She is wearing a dark blue sleeveless top with a polka-dot pattern. The background is a blurred indoor setting with a white cross visible.

Could vitamin supplements be one of the keys to preventing glaucoma blindness?

Dr Flora Hui is investigating new ways to protect eyesight.

The possibility of research

Thanks to the support of people like you, Glaucoma Australia is funding a world-first study into whether daily doses of vitamin B3 (nicotinamide) could provide long-term protection against glaucoma blindness.

Led by Dr. Flora Hui in partnership with the Centre for Eye Research Australia (CERA), this research holds promise for protecting precious nerve cells in the eye against damage.

It is especially encouraging for high-risk glaucoma patients who do not respond to other treatments.

This study is building on earlier research which showed that vitamin B3 led to early and significant improvements in visual function in people with glaucoma. Now, Dr. Hui's research will determine whether

vitamin B3 can delay disease progression and thus be taken by patients on an ongoing basis.

Continuing research into practical treatments, like vitamin supplementation, is critical to ending glaucoma blindness.

“There is a lot of interest amongst glaucoma researchers in medicines that might help protect the optic nerve from eye pressure-related glaucoma damage,” says Glaucoma Australia President, Associate Professor Simon Skalicky. “Vitamin B3 is an example of this, and certainly there is much research value in exploring its potential benefits and uses.”

Research like this can only be funded by Glaucoma Australia with your support.

When you leave a gift in your Will, you help researchers like Dr Hui get one step closer to ending glaucoma blindness.

Veronica is a Giver of HOPE

**For the family that she loves and for the next generation,
Veronica is passing on the gift of sight.**

At 91, Veronica has seen a lot in her life. But were it not for the informed care of an ophthalmologist, she might have gone blind decades ago.

Veronica recalls having trouble with her vision in her late 50s. She was struggling to focus on objects and went to see an ophthalmologist. After the exam, he said to her, “You are going blind, come back and see me in 12 months.”

Veronica was shattered by the news. She left the clinic with her daughter and they both broke down. Veronica was terrified of losing her sight, and she couldn’t believe that the doctor’s advice was to just come back a year later.

“The eyes are so precious... but you do not realise just how precious they are until you’re having fading eyesight,” she says.

Veronica got a second opinion at the Sydney Eye Hospital and discovered that she had glaucoma which could be

effectively treated to stop her vision loss.

Now more than 30 years later, the treatments she’s received and the support of Glaucoma Australia has helped her preserve most of her vision. “All the marvelous work that doctors do and that Glaucoma Australia do – you need money to do it... the research needs to be done,” Veronica says.

That’s why Veronica decided to include Glaucoma Australia in her Will. “I know that they will put it to good use and this will make an ongoing impact,” she says.

Veronica’s children, grandchildren and now great-grandchildren were in her mind when she made the decision to leave a gift in her Will. “I thought, ‘Well, if they have children somewhere along the line, I’m helping out’.”

We are so grateful to Veronica and everyone who decides to dedicate their legacy to saving sight.



The research, support and education that Veronica’s gift funds is bringing us one step closer to ending glaucoma blindness for the next generation.

Our promise to you

**When you make the decision
to leave a gift in your Will,
we promise to:**

GRATEFULLY RECEIVE YOUR GIFT

We are incredibly grateful for every Gift in Will we receive. You decide how much to give, any size or type of gift is greatly appreciated.

LET YOU RETAIN CONTROL

You retain control of your assets during your lifetime and, if your circumstances change, you can modify your gift.

RESPECT YOUR WISH FOR ANONYMITY

You may choose to keep your gift anonymous, and we will respect this wish for privacy.

HONOUR ANY MEMORIUM REQUEST

You can leave a gift in honour or memory of someone who inspired your commitment to the fight against glaucoma.

ACKNOWLEDGE YOUR LEGACY

You will be remembered as a Giver of HOPE and someone who helped future generations prevent vision loss and blindness from glaucoma.

“The eye is just such a beautiful structure, one of the jewels in the crown of evolution. Sight is such an extraordinary sense to try to preserve and to protect.”

Clinical Professor Ivan Goldberg AM
Honorary Life Governor of Glaucoma Australia



You can help create a future free from glaucoma blindness

Leaving a gift in your Will doesn't have to be complex. It can be done with a simple amendment to your Will and you can choose what type of gift you want to leave. We are more than happy to answer any questions you have and help you through the process.

Please call or email us by contacting our CEO on 1800 500 880 or ceo@glaucoma.org.au



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