



WHAT IS THE NURSE SPECIALIST SERVICE?

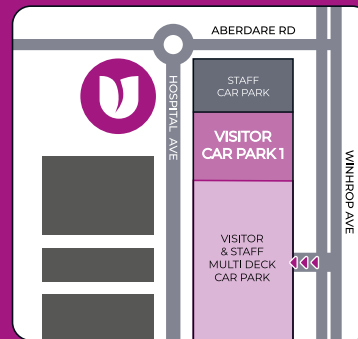
The Parkinson's Nurse Specialist Service, established in 1998, is an initiative of Parkinson's Western Australia.

- This is a free service available to people living with Parkinson's and their families.
- The Service operates Monday - Friday during business hours. It is not to be considered an emergency service.
- It is proudly funded by the Department of Health WA, the Western Australian community, and charitable trusts.

How to access the service?

The easiest way to contact the Parkinson's Nurse Specialist (PNS) team is by completing the online referral form on our website:
www.parkinsonswa.org.au

Alternatively, you can call us on **(08) 6457 7371**, and one of our team members will take your details and help arrange a visit.



The Niche, 11 Aberdare Road, Nedlands WA 6009
info@parkinsonswa.org.au | (08) 6457 7373
www.parkinsonswa.org.au

Information

PARKINSON'S NURSE SPECIALIST SERVICE



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Do I need a referral?

You don't need a formal referral to access the Parkinson's Nurse Specialist Service. We have an open referral system, which means:

- You can self-refer to the service.
- A family member can contact us on your behalf (with your permission).
- Your GP, medical specialist, or other health professional can also make a referral.

To access the service, the only requirement is a medical diagnosis of Parkinson's or a related condition, such as Multiple System Atrophy (MSA), Progressive Supranuclear Palsy (PSP), or Corticobasal Degeneration (CBD).

Where will I see the Nurse Specialist?

The Parkinson's Nurse Specialist Service is community-based, meaning we come to you in your home. The visit can also take place in a clinic, community setting or aged care facility.

If preferred or required, Telehealth appointments can also be arranged.

Is this service available to people living in regional areas?

Yes! The Parkinson's Nurse Specialist (PNS) Service supports people across the Perth metropolitan area, the South West, and through several regional Outreach Clinics held each year.

If you live outside these areas, you can still access support through a Telehealth appointment with a Parkinson's Nurse Specialist.

How often will I see the Nurse Specialist?

The frequency of visits depends on your individual needs and the professional assessment of the nurse. There is no set schedule—each person's situation is unique, and support is tailored to meet your specific requirements.

Parkinson's Nurse Triage Service

Our Parkinson's Nurse Triage Service operates Monday to Friday during business hours.

If you have any questions or concerns, one of our seven experienced nurses will return your call within 1–2 business days.

To access the Triage Service, please call (08) 6457 7371 and your query will be added to the triage list for that day.

What is the role of the Nurse Specialist?

The Parkinson's Nurse Specialist provides expert care, education, and ongoing support to help people living with Parkinson's—and their families—manage the condition and maintain quality of life.

Their role includes:

- Home visits (home or aged care facility)
- Initial nursing assessment
- Ongoing assessment and monitoring
- Education of newly diagnosed person with Parkinson's
- Education and support for family members
- Nursing management of symptoms
- Identification and nursing management of medication side effects
- Monitoring response to medications
- Education around Device Assisted Therapies
- Advocacy
- Assistance with navigating the health, aged care and NDIS systems

Will my doctor be aware that I have seen the Nurse Specialist?

Yes. With your permission, your GP, treating medical specialist, and other health professionals involved in your care will receive a report summarising the nursing assessment carried out by the Nurse Specialist.

Can my nurse help me or my carer access support like respite NDIS or Home Care Packages?

While the Parkinson's Nurse Specialist (PNS) cannot directly arrange these services, they can guide you to the right support. This may include:

- My Aged Care – for Home Care Packages and respite: myagedcare.gov.au or 1800 200 422
- NDIS – for people under the age of 65
- Local Area Coordinators – for personalised support and guidance

Do I need to be a member of Parkinson's WA to access this service?

No, you don't need to be a member to see a Parkinson's Nurse Specialist (PNS). However, becoming a member offers a range of great benefits, including:

- Free seminars
- Priority bookings for high-demand events
- A printed copy of our newsletter
- 10% discount at the Parkinson's WA Store

Your membership helps support our PNS team and the valuable work they do in the community.

